

Welcome to the March Newsletter. Summer has ended although temperatures continue to make us all sweat that extra bit more on the squash court! In its place comes the autumn pennant along with tournaments and much more.

### Autumn Pennant 2008

The Autumn Pennant has been running since the end of February so after just 4 weeks of comp, teams are knuckling down. We have 23 men's and 11 ladies' teams competing this comp, so we have increased our number of teams by 4 and still remain the club with the highest number of teams in Sydney. Of these 34 teams, 21 are already in the top 3 of their division, which is great news.

### Autumn Masters' Pennant 2008

The Autumn Masters Pennant has also been going since end of February. We have 12 mixed teams competing in 4 divisions. Played on Monday nights, this social-but-serious evening of squash is always very popular.

### Reserves

We are constantly in need of reserves at all levels to fill in for Masters as well the regular autumn pennant. Full pennant fees DO NOT apply if you reserve. You simply pay a "pay-as-you-play" fee. So if you'd like to fill in, please contact Jason or Pam.

### Junior Summer Pennant 2008

The Junior Summer Pennant has now finished. Of our 2 teams playing in Division 2, MAASH 1 reached the finals that were played on Saturday 15 March at Thornleigh Squash Club. The team of Windsor Swan, Branighan Swan and Angus Littlefield played extremely well against strong opponents but lost their final. Congratulations to the players anyway for reaching the final!

Junior Pennant is played on Saturday mornings with the next comp starting in May. There will also be a junior pennant on Friday afternoons. We would very much like to see more juniors playing comp, so if you have a son, daughter, nephew, niece, neighbour, or friend of a friend who is interested in joining a team, please ask them to call

Jason or Pam. If you refer a junior who joins a pennant team, we will be happy to offer you a gift as a token of our appreciation! (Conditions apply!)

### Summer Comps 2008

The internal and external summer comps finished at the end of February, but we should make mention of the winners.

**Internal Comp:** The MAASH internal comp was held on Mondays and Tuesdays, with a combined number of 24 teams involved. At the end of the 7-week period, the winners were as follows:

**MONDAY: Team D** – Kirrilee Facer, Daniel King, Di Cooper

**TUESDAY: Team 6** – Simone Stevens, Bob Eustace, Helen Cooper

**External Comp:** This 7-week summer comp was played on Wednesdays and Thursdays, and involved 18 20 teams. This year NSW Squash changed the format so that all teams played in some kind of final. The winning MAASH teams were:

**Division 1A & 1B:** MAASH 4 – Simon Carruthers, Shannon McNamara, Ben Reece

**Division 2A & 2B:** MAASH 9 – Bruce Holloway, Bruce Ramsey, Sarah Wilson

**Division 4A & 4B:** MAASH 14 – Andrew Harris, Vicky Hamilton-Gibbs & Edward McKnight

Congratulations to all the winners of the summer comps.

### 4th MAASH Open Championships

**MAASH OPEN CHAMPIONSHIPS**  
**19 & 20 APRIL**

The last MAASH Open in November attracted 128 entries, which was fantastic. This time we are hoping for the same high turnout and entries have already been received from all over Australia. The championships will be a PSA Closed Satellite

Event, which means that results will go toward world rankings and will attract high calibre players. Results will also count towards the matrix. Open to all grades, so grab an entry form from MAASH or download one from the MAASH web site. Everyone is guaranteed 3 matches and all participants receive a free gift bag on arrival on tournament day.

## Ringa's Café & Tapas Bar

As many of you will know, last November Jason and Brett opened Ringa's Café, situated opposite the entrance to MAASH, serving breakfasts, light lunches and excellent Campos coffee. With Brett at the helm, operations have now expanded and since January, Ringa's has also been offering a TAPAS menu after 12 noon till late at night.

Ringa's is also providing \$40 or \$50 TAPAS platters for pennant suppers, if ordered before 9pm. What a change from beer and pizza! Check out Ringa's on [www.ringas.com.au](http://www.ringas.com.au).

## Corporate Games

MAASH hosted the squash section of the annual NSW Corporate Games on Saturday 15 and Sunday 16 March 2008, which involved 120 players. The Corporate Games enable teams and individuals to take part in more than 20 sports of which squash is just one. Playing the squash section on home ground was definitely an advantage for MAASH players!

## New Glass Back to Court 5

You will have noticed that there is a new glass back on court 5. Joshua Dankbaar was the unfortunate person who tried to find out whether you really could seriously hurt yourself while running through plate glass! We are pleased that the incident has not put Joshua off his squash; he made a fine recovery and is now playing comp squash for MAASH!

## Junior Tournaments

On the weekend of 8/9 March, Joel Boman, Wes Cusick and Eb Swan played in the Sydney Junior Open. Wes and Eb were unfortunate enough to meet each other in the semi-final of the U19 event, which Wes won in a 90-minute, 5-setter thriller! Wes was not so lucky in the final, which he lost. Joel came 4<sup>th</sup> in the U17 event. Well done Wes, Eb and Joel on your results.

Two National Junior Series are soon to be played in Ballarat, Victoria. The first series is from 22 to 25 March and the second from 27 to 30 March.

Representing MAASH are Joel Boman and Wes Cusick (U17s) as well as Eb Swan and Simon Summers (U19s). Good luck to all three players!

## Junior Elite Training Squad

In January, three juniors went to Adelaide for two weeks to take part in elite squash training at the South Australian Academy of Squash. South Australia's top coach, Geoff Davenport, gave Eb Swan, Simon Summers and Wes Cusick coaching and training. It was a tremendous experience for the three juniors and they returned leaner, fitter and meaner players!

## Gift Vouchers

Don't forget that MAASH gift vouchers make excellent presents! You can purchase them for any value and they can be traded in for all activities at MAASH, including gym memberships or any sports equipment. Gift vouchers can also be purchased for squash lessons with any of the MAASH coaches.

## Reminders .....

### Squash Training Squads:

- ❑ Mondays: 6pm-7pm, Tuesdays 8pm-9pm
- ❑ Fridays: 9.30am-11.30am
- ❑ Saturdays: 9am-10.30am

### Weekend Round Robins:

- ❑ Saturdays: 10am-12, 12-2pm & 2pm-4pm (Handicaps apply)
- ❑ Sundays: 9am-12noon

### Junior Squads:

- ❑ Fridays 4pm-6pm.

To make bookings or obtain more information about any of these events and activities, please contact Jason on:

9868 1200 or [admin@maash.com.au](mailto:admin@maash.com.au)



*Happy Healthy Lifestyle*

**MAASH Sports & Fitness**

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[www.maash.com.au](http://www.maash.com.au)



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